



Good Morning to you all... Fall is upon us as we had our first "termination dust right on schedule... the evening of October 1. I was laying in my loft bed, and then I heard the hail on my skylights, a little later, the long rumble of thunder. It was then I knew what I would awake to find. We have a bit longer before the white stuff reaches us... but it will eventually be here... Usually for me October rushes through, but I am finding each day to unfold gently and all the hustle and bustle of Sitka "swinging back to it's Fall/Winter schedule", just seems to float by. That's a nice change! So, we are getting ready for our busy Fall schedule... and it begins tomorrow!

1. Volunteer Appreciation dinner... The time is set, the menu is complete... but in case you didn't know...the venue has changed... We had just enough to push it to a new location and it's the newest location in Sitka! The Loft is officially open and that is where we will meet for dinner. It is at 408 Oja Way, which is diagonally back from the Courthouse on the right hand side. There are stairs, but the location is lovely... Hope to see you there for those who can make it!
2. Alaska Day, is also approaching, if we have some volunteers who would like to assist for greeting, perhaps running the cash box... please let me know... Don't forget to stop by and get some wonderful Sherie Mayo Clam Chowder, Steve Warren and Pat Welsh bread...and some yummy cookies that some of our great volunteer bakers will be making. See you there!
3. Caregiver Education and Support Service meeting will be on October 20th at Noon. Dr. Elliot Bruhl will be speaking on Medical Advocacy and Contingency plans... Please stop on by for some great information and lunch by Fredi Young.

I think that is all for now...A Huge Thank You to ALL of our Volunteers for all that you do for Brave Heart Volunteers! Hope your week is lovely!

Each of us inevitable,

Each of us limitless --
Each of us with his or her
right upon the earth,
Each of us allow'd
the eternal purports
of the earth,
Each of us here
as divinely as any is here.

~ Walt Whitman ~

(Leaves of Grass)